

# The Good Counsel Network

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Blog: [MariaStopsAbortion.blogspot.co.uk](http://MariaStopsAbortion.blogspot.co.uk)



Lent 2013

Dear Friends

As we approach Lent we need to start focussing our attention on prayer, fasting and almsgiving. If you are like me, you will start Lent with some great intentions in these areas. Maybe you will give something up and stay strong, or start some new devotion or daily prayer. Perhaps you will begin to donate regularly to your parish or favourite charities or increase your regular donations. But often, one – or all! – of those good intentions goes out the window very early in Lent and we never get back on track!

Sometimes making a concrete commitment can help us to stay true to our promises. Here are some pro-life prayer, fasting and almsgiving suggestions to help you do just that, while helping to end abortion one life at a time too.

Prayer	Fasting	Almsgiving
Attend a <b>40 Days for Life Vigil</b> and spend your time there in prayer for the closure of that abortuary, the Mothers and babies and staff. See Vigil details below. OR Pray at home that hearts and minds will be changed.	Fast on Bread and Water once a week. OR fast from any food, treats, alcohol, cigarettes, social media, TV, or anything that you will really miss. AND Join Good Counsel's National Days of Prayer and Fasting on Wednesday 20 <sup>th</sup> February and Monday 18 <sup>th</sup> March	Support Good Counsel's Centre by donating what you can now, or weekly through Lent (sign up for a Lenten standing order below). OR Join our <b>Pro-Lifers Give Double During 40 Days for Life Campaign</b> . Donate to it and spread it by email, Twitter, Facebook and word of mouth. See <a href="http://MariaStopsAbortion.blogspot.co.uk">MariaStopsAbortion.blogspot.co.uk</a> for details of this appeal.

Many of us have family members and loved ones who have drifted from the faith, we fear for their futures, and we fear for the state of the world with abortion and euthanasia on the agenda along with technologies that abuse human life like IVF and increasing disregard for Christianity and downright assaults on us as Christians. But we have to retain our hope in Christ's redeeming and renewing power. Lent is one time when we can attempt to reform the world by reforming our own lives and our own witness to Christ's existence and His Love. And when we can offer the sacrifices required to seriously fast and give alms. The late Archbishop Fulton Sheen once said that "*Prayer united to sacrifice is the most powerful force on earth.*" Let's use this Lent to try wholeheartedly to reform our own lives and also to deepen our witness to the sanctity of human life, held so cheaply in our country.

Your prayers, sacrifices and donations WILL help us to help many more women to choose life for their children, and especially through Lent with the many 40 Days for Life campaigns around the country.

Good Counsel will be running two of the three London 40 Days for Life campaigns in Whitfield St and in Ealing. As well as the other London campaign in Bedford Square, there are many other vigil sites across the country where prayer and witness will be happening from 13 February – 24 March.

God bless you,

*Clare McCullough*



*Your sacrifices saved  
my life!  
Thanks a million!*

### **My Pro-Life Lenten Commitment**

#### **PRAY**

I commit to attending the 40 Days for Life Vigil to \_\_\_\_\_ contact me to arrange times and dates my telephone number is..... my email address is.....

If London please tick which Vigil location is best for you:

marie stopes, 108 Whitfield St, London W1T 5EA \_\_\_\_\_

marie stopes 87 Mattock Lane, Ealing W5 5BJ \_\_\_\_\_

BPAS, 26-27 Bedford Square, WC1B 3HP \_\_\_\_\_

You can also see all the UK 40 Days sites listed on this page and follow their link to sign up online here: <http://www.40daysforlife.com/london-whitfield/>

#### **FAST**

I commit to fast from \_\_\_\_\_ through Lent/once a week/other

remembering pro-life work in my intentions, especially 40 Days for Life and the work of the Good Counsel Network.

#### **DONATE**

I commit to donate to the Good Counsel Network's pro-life work by (please tick as appropriate)

\_\_\_making a one off donation

You can do this by sending us a Cheque or postal order made payable to **The Guild of Our Lady of Good Counsel, PO BOX 46679, LONDON NW9 8ZT** or donating online see [www.goodcounselnet.co.uk/donate.html](http://www.goodcounselnet.co.uk/donate.html)

OR

\_\_\_making a weekly donation through Lent (13<sup>th</sup> Feb-31<sup>st</sup> March 2013)

You can set this up online or via the Standing Order Form below.

### **STANDING ORDER FORM Please fill in and post this form to GCN PO BOX 46679, LONDON NW9 8ZT**

*Please print your bank details here:*

To the Manager, \_\_\_\_\_ Bank

Your bank's address: \_\_\_\_\_

Sort code: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ (The sort code can be found on your cheques)

*Please print your name, address, and bank account no. here:*

From: \_\_\_\_\_

Address: \_\_\_\_\_ Tel: \_\_\_\_\_

Bank Account No. \_\_\_\_\_

Please pay to **THE GUILD OF OUR LADY OF GOOD COUNSEL**, Allied Irish Bank (GB), 202 Finchley Road, London NW3 6BX (Sort code: 23 – 83 – 95 A/c. no: 00287036)

the sum of £ \_\_\_\_\_ weekly / monthly / quarterly / annually (please circle one)

commencing on (date) \_\_\_\_\_, until (date) \_\_\_\_\_ or until further notice if no end date is filled in.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_