

SATURDAY 27th OCTOBER 2018 MONTHLY NATIONAL DAYS OF PRAYER AND FASTING FOR LIFE

A great prayer for Life is urgently needed. St. John Paul II



27th October
51st Anniversary of the
Abortion Act & Vigil of The
Feast of St. Jude

Join us in Prayer and Fasting:

Fasting

Fast from all food except bread and water for the day

Or

Fast from a particular food or luxury, e.g. chocolate, alcohol, cigarettes, TV.

Fast from whatever you can given your state of health etc, but make sure it is something that involves a sacrifice to yourself.

Prayer

We are asking people to say a Rosary (or an extra Rosary if you say it daily already).

You could also offer an extra effort such as going to Mass (or an extra Mass) on the day, or going to Adoration. You can even pray before a closed tabernacle if Adoration is not available near you.

And He said to them; This kind (of demon) can go out by nothing, but by prayer and fasting. (Gospel of Mark 9:29)

On Saturday 27th October, **the 51st anniversary of the legalisation of Abortion becoming law**, please pray and fast for the end of abortion and euthanasia. Your prayer and fasting is urgently needed. For information on the days of Prayer and Fasting contact;

The Good Counsel Network on 020 7723 1740.

And the people of Ninevah believed in God; they proclaimed a fast and put on sackcloth, from the greatest to the least...God saw their efforts to renounce their evil ways. And God relented about the disaster which He had threatened to bring on them, and He did not bring it. (Jonah 3:5,10)